

Name: _____

The Trail of Faith Award

Why Trek 2024: A Personal Journey of Faith

To prepare, spiritually, mentally, and physically for the handcart trek

Youth and Leaders- To achieve the trail of faith award: Complete as many as possible each month, but at least four boxes marked off for each month. Achievement awards will be given on day one of Trek. There will be an additional acknowledgment for those completing all boxes and those completing Saints Volume 1.

January	February	March	April	May
Research the first member who was baptized in your family history. Find related stories.	With the help of parents, leaders, ward members, search records to find an ancestor and prepare the name to take to the temple. Use familysearch.org	If you need to buy new shoes (for trek) do so this month so they can be broken in	Do temple service - Perform baptisms for dead	Prepare personal items for your buckets
Watch " Only a Stonecutter " & place a picture of the temple in your room 	Walk or jog 30 minutes 3 times a week & take a recommended hike Tips for uphill hiking 	Read D&C 89 Improve your health habits by implementing a regular fitness program for 6 weeks Download and track your progress with the youth focused Gospel Living App	Check the packing list – get all clothes and personal items you will need for 3 days of trekking.	Read ' The Holy Temple ' by Boyd K Packer
Walk or jog 15 minutes 3 times a week  Download the youth focused Gospel Living App and track your goal	Read the lyrics as you listen to the hymns 'Praise to the Man' and 'The Spirit of God'.	Watch ' Reviewing the Lessons of the Past ' 	Walk or jog 40 minutes 4 times a week  Track progress with the youth focused Gospel Living App	Write & send a thank you note to someone who helped YOU prepare for trek
Read your scriptures, write in your journal and smile - Make a list of qualities pioneers developed on the trail	Tour This is the Place Heritage Park and/or the Church History Museum	Give service outside of your family for 2 hours this month	Make something you will wear on trek that will either be useful or have important significance to you	Read your scriptures & write in your journal & smile Focus your journal entries on gratitude this month
Secret Service- choose a person in your class, quorum or school and do a secret service to inspire and lift them	Teach a lesson to your family about why the restoration Of the gospel was necessary	Read your scriptures, write in your journal and smile -	Visit a church historical Site in person or virtually Take a tour of at visitor center from the sister missionaries -	Continue your fitness program & go on a 3 to 4 mile recommended hike  Track progress with the youth focused Gospel Living App
Learn a pioneer skill or art (homemade ice cream, Dutch oven cooking, cooking w/o electricity, sewing, rope making, candle making, butter making)	Watch " A Legacy more Precious than Gold " 	Learn the history of an ancestor or pioneer, who crossed the plains or sacrificed for the gospel. Focus on why they came and/or endured. Share the story with your family.	Watch " A Choice Seer Will I Raise Up: Prophet of the Restoration " 	Visit the grave of an ancestor or pioneer & clean it up
Discover 3 facts about the Kirtland or Nauvoo Temple that you did not previously know- share them with your family	Study Isaiah 2:2-3 - Write in your journal 'why' this prophecy might have been important to pioneers and to you	Memorize the words to - ' High On The Mountain Top '	Outdoor Camping : Plan an overnight campout to prepare for Trek with your class, quorum or family.	Watch " Joseph Smith: the Prophet of the Restoration " 
Read Saints volume 1 Chapters 1-9	Read Saints volume 1 Chapters 10-18	Read Saints volume 1 Chapters 19-27	Read Saints volume 1 Chapters 28–36	Finish Saints volume 1 Chapters 37 - 46

Important *** Bring the 'x'ed off sheet to your Trek Ma & Pa on day one of trek so they can check requirements off to acknowledge and award the achievement.

Letter to Ward Youth Leaders and Parents

Trek 2024 will occur June 6th - 8th

Willie Handcart Experience

Location: Hardware Ranch- Hyrum, Utah

Who: All youth turning 14 in 2024 thru Graduating Seniors

We are so excited for Trek 2024! Our Trek theme this year is going to be "Why Trek"- A Personal Journey of Faith.

As you prepare Trek related activities and as youth mark off the various requirements for the "Trail of Faith" award we hope there will be a focus on "why" the Pioneers made the incredible sacrifices we talk and read about as part of our heritage. When researching personal ancestors, we hope that they might be able to discover in their stories the "why" that each person had to motivate such an arduous journey. For each historical figure and for modern day pioneers, the "why" is likely to be their faith in and testimony of Our Savior Jesus Christ and their discovery of the restoration of the gospel in the latter days through the prophet Joseph Smith. We each have our own personal Trek and journey of faith that we pursue, brought about by the restoration of the gospel, as each of the youth will also traverse their own, and we hope that through the experiences on Trek the Lord can stack a few more bricks in the foundation of their faith and ours alike.

The 'Trail of Faith' achievement award is intended to be a punch list of preparatory activities...to maximize the trek experience that will assist each youth and leader in their preparations (a bingo card of sorts). The electronic version will have internet links that can be clicked on to assist in finding the right videos and other resources quickly. The physical award will be a cool bracelet made specifically for this Trek experience that we hope can also be a reminder of the things they learn throughout Trek.

As leaders, we ask that you keep the requirements in mind as you assist youth in preparing weekly activities through the first half of the year so that it remains a focus and so that each youth can achieve the award. We hope that the activities described will bring rich testimony building opportunities for all.

More details will follow such as Pioneer Clothing suggestions, packing lists and Trek information.

With much appreciation,

The Trek Committee

Joe and Christina Harmer

Scott and Lisa Anderson

John and Kellie Engh

